NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

Saturday, January 23, 2016
Estancia La Jolla Hotel
La Jolla, California

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enable health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a health care professional to communicate effectively in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources on cultural and linguistic competency and information about AB1195 can be found on the UCSD CME website at http://cme.ucsd.edu.

ABOUT THE SYMPOSIUM

COURSE DESCRIPTION

This past year has been a particularly dynamic one from the perspective of advances in managing heart failure. Several new drugs have been approved for treating patients and other new agents are likely to soon become available (perhaps even by the time that the Symposium is held!). Thus, the focus of this year’s Symposium is to provide information about how to best use these new approaches in managing heart failure patients. The curriculum includes lectures on new approaches such as PCSK-9 inhibitors, the sacubitril/valsartan combination (LCZ696), ivabradine, novel means of treating hyperkalemia, percutaneous treatment of valvular heart disease and new approaches to the use of biomarkers and remote monitoring. Discussion of these important new advances will be combined with updates on how to best employ existing therapies. The 16th Annual UCSD Heart Failure Symposium will continue the tradition of providing cutting edge information about heart failure in a form that enhances adaptation into clinical practice.

TARGET AUDIENCE

This course is designed for internists, primary care physicians, nurses, and allied healthcare professionals.

OBJECTIVES

At the conclusion of this activity, participants should be able to:

1. Summarize current treatments available for heart failure and provide information to help in the selection of the most rational choices in individual patients.
2. Review strategies for implementing medical and device therapies that will lead to improved outcomes in heart failure patients.
3. Define how specific populations including minorities, women and the elderly respond to various approaches to treating hyperension and heart failure.

NEEDS ASSESSMENT

Over five million Americans (two percent of the U.S.) are living with heart failure. An estimated 670,000 new cases of heart failure (HF) are diagnosed each year and this condition is a major cause of morbidity and mortality (80% of men and 70% of women less than 65 years of age who have HF will die within 8 years) and is the number one cause of hospitalizations of the elderly in the US. HF is common, but unrecognized and often misdiagnosed. Recent data has shown that drugs and devices that have proven beneficial and are recommended in recent practice guidelines, (HFSA 2010 update of practice guidelines Lindelfield J et al J Cardiac Failure 2010:16; 475) are underutilized (Fonarow GC et al. Circulation 2010;122:585).

Recent information also suggests a significant individual variability in conformity to quality-of-care indicators and clinical outcome of patients with HF and a substantial gap in overall performance. In addition, according to a study analyzing the quality of health care in the US over past decade patients with heart failure required the recommended quality of care only 64% of the time (Heart failure performance measurement set by the ACC/AHA 2010).

Despite important advances in treatment, patients with heart failure continue to experience unacceptably high rates of morbidity and mortality. This along with the enormous cost of caring for a growing number of heart failure patients has resulted in increased scrutiny of existing and emerging therapies.
PROGRAM - Saturday, January 23

6:45 - 8:00am Registration/Coffee
7:00 - 8:00am Breakfast Symposium (Non CME)

SESSION I - Treating Heart Failure - Best Evidence and New Heart Failure Therapy

8:00 - 8:20am How do PCSK9 Inhibitors Work and Who will Benefit From Them?
Paul R. T. Bank, MD (Presentor)

8:20 - 8:40am Why and How to Treat Sleep Disordered Breathing in Heart Failure and Heart Transplant
Robert L. Owens, MD (Presentor)

8:40 - 9:00am New Approaches for Using Biomarkers to Detect and Treat Heart Failure
Alaan Maisel, MD (Presentor)

9:00 - 9:20am Questions and Answer Session - Barry Greenberg, MD (Moderator)
Dr. Tash, Owens & Maisel (Panelists)

9:25 - 9:30am Coffee Break - Meet the Faculty

SESSION II - New Therapies - Hain (Howie) Tran, MD (Moderator)

9:50 - 10:30am Is Dual Inhibition of Angiotensin Receptors and Neprilysin Superior to an ACEI or ARB Alone?
Barry Greenberg, MD

10:30 - 10:50am Treating Hypertension in Heart Failure Patients and New Ways to Do It
Barry Greenberg, MD

10:50 - 11:00am The New Anti-Coagulant Agents: Where and When Should They Be Used?
Daniel Blanchard, MD

11:15 - 11:30am When and How to Use the NovoPen
Gregg Fonarow, MD

11:30 - 11:50am Questions and Answer Session - Hain (Howie) Tran, MD (Moderator)
Dr. Els, Elkonam, Fonarow and Blanchard (Panelists)

11:55-12:15pm Lunch/Meet the Faculty/Visit Exhibits

SESSION III - Problems in Heart Failure - Denise Barnard, MD (Moderator)

1:35 - 2:30pm Treating Mitral Regurgitation: New Approaches for Percutaneous Valve Repair/Replacement
Blaise Carabello, MD

1:35 - 1:55pm Using Transcatheter Valve to Replace Re-Admissions
Gregg Fonarow, MD

1:55 - 2:15pm Using Transcatheter Aortic Valve in End-Stage to a Bridge to Recovery or Utkil Birgersdotter-Green, MD

2:15 - 2:55pm Case Presentation and Panel Discussion: Improving Transition from Hospital to Home - Demaine, Maisel, Woodard, MD
Eric Adler, MD - Role of the Physician
Michelle Schlueter, PharmD, FACC - Role of the Pharmacist
Julia Estes, PA - Preparing the Patient for Discharge
Jessica Lee, PA - Keen to a Successful Transition from Hospital to Home

2:55 - 3:10pm Coffee Break/Visit Exhibits/Met the Faculty

SESSION IV - Topics in Heart Failure - Eric Adler, MD (Moderator)

3:10 - 3:30pm Treating Heart Failure: From CEI to Care Use Them
Utkik Birgersdotter-Green, MD

3:30 - 3:50pm Metabolic, Nutritional, and Nutritional and Chronic Therapy
Eric Adler, MD

3:50 - 4:10pm Hydralazine/Diltiazem: In Front-Line Therapy of Chronic Heart Failure
Utkik Birgersdotter-Green, MD

4:10 - 4:40pm Case Discussion - Eric Adler, MD (Presentor)
Dr. Els Birgersdotter-Green, Elkonam, and Greenberg (Panelists)

4:40pm Adjourn

ACCREDITATION
The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with their participation in the activity.

For the purpose of certification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of education, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME (up to 6.75 hours of credit and list “CME Category 1” as the provider number).

HEART FAILURE SOCIETY OF AMERICA
Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the HFA.

CANCELLATION POLICY
If your registration must be cancelled and a refund of your fee is desired, your fee, less $50 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after December 23, 2015. Please allow up to 12 weeks for a refund.

FURTHER INFORMATION
Complete Conference Management
3320 Third Ave, Suite 110
San Diego, CA 92103
Phone: 619-299-6673
Fax: 619-299-6675
Email: info@completecon.com

REGISTRATION FEES
$210 Early Bird Physician Registration – on or before December 31, 2015
$150 Nurse Registration – on or before December 31, 2015
$100 Nurse Registration – on or before December 31, 2015
$100 Nurse Registration – on or before December 31, 2015 and on-site

LOCATION
Estancia La Jolla Hotel
9500 North Torrey Pines Road
La Jolla, CA 92037
Tel. 858-505-1300
Fax. 858-505-1381
8-874-ESTANICA (full free reservations)
www.EstanicaLaJolla.com

Special room rates are offered:
Single or Double - $179 per night, plus San Diego occupancy tax of 12.565%, 5% hospitality fee and 35% overnight parking fee.

The site for the meeting is on 9.5 acres in the enchanting seaside community of La Jolla at the new 20th Century Learning Retreat, the Estancia La Jolla Hotel. The hotel is on the edge of a revitalized coastal setting, adjacent to world-famous La Jolla Cove, just minutes from the San Diego Zoo, Sea World, and beautiful Southern California beaches.

Online registration closes on January 31 and any manual registration will be accepted by fax until January 31 (before 6:00 am, Pacific Standard Time), after which time any manual registrations will not be accepted.

RESERVATION DEADLINES: December 23, 2015. Your reservation is not reserved prior to out of date; reservations will be accepted subject to availability. Please specify that you plan to attend the 16th ANNUAL UCSD HEART FAILURE SYMPOSIUM so you can reserve your special rate for the conference.

REGISTRATION FORM
First Name ____________________________
Last Name ____________________________
Title _________________________________
Office Address _________________________
City ____________________________ State __________ Zip __________
Phone ____________________________ Fax ____________________________
Email ________________________________

Special Needs for Disabled: ____________

Registration Fee: $210 Early Bird Physician Registration – on or before December 31, 2015
$150 Nurse Registration – on or before December 31, 2015
$100 Nurse Registration – on or before December 31, 2015
$100 Nurse Registration – on or before December 31, 2015 and on-site

CREDIT CARD PAYMENT: Visa, Mastercard, Discover or Am Ex Only

Name of Registrant ____________________________
Card Number ____________________________
Security Code ____________________________
Exp. Date ____________________________
Name on Card ____________________________
Billing Address ____________________________
Amount $ ____________________________
Signature ____________________________

CHECK OR MONEY ORDER PAYMENT: (5.65 dollars)
Made payable to: ____________________________
Send or Fax to: ____________________________

25th Annual UCSD HEART FAILURE SYMPOSIUM for Primary Care and Hospital Medicine Professionals

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